

Information for Youth Exchange Students

(Letter to Youth Exchange Students 2010)

Dear 2010 Lions Shekinah Adventure Youth Camp Campers:

We are excited and looking forward to having you attend the 2010 Lions Shekinah Adventure Youth Camp on July 5th to July 11th, 2010 at the Shekinah Retreat Centre in the Hepburn District, Saskatchewan (Located 50 minutes north of Saskatoon, Saskatchewan).

For full details concerning the Shekinah Retreat Centre please refer to the following website:

www.shekinahretreatcentre.org

Below is a list of items to bring to Camp as well as what not to bring.

Please bring:

Personal toiletries to include bath towel & wash cloth.

Swim suit (must be a one piece or a two piece, no bikini) sun screen lotion, insect repellent.

Enough clothing for one week as there are no laundry facilities.

Casual attire, long pants, shorts, ball cap (sun protection), socks and a light jacket as the night can get quite cool.

Sturdy sole shoes for walking, hiking and climbing outdoor activities (vs. Flip flops).

Sleeping bags as there is no bedding provided. Also, bring your favourite pillow.

No more than \$100.cash. (we will be touring about and you may consider a debit card vs. Cash)

Disposable camera.

Digital or printed photographs of your family, friends and your country that you would like to share with the other campers and our Lions Club members.

Also we would like to know the size of your Tee Shirt(S-M-L-XL) that you wear as one will be provided to you.

Please Do Not Bring:

Expensive electronic cameras, devices and jewellery e.g. I Pods, video games, watches, cell phones (no coverage). If brought – they must be turned over to the Camp Director and they will return them to you once the camp is completed.

ABSOLUTELY NO SMOKING, DRUGS OR ALCOHOL. VIOLATION OF THIS RULE WILL RESULT IN THE YOUTH BEING EXPELLED FROM THE CAMP.

Camp Director (Coordinator): 2010 Lions Shekinah Adventure Youth Camp

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